



# SIMPLY GOOD

**Universal FREE  
Breakfast to ALL  
Students!**

**Check out the  
new menu  
items!**

## Chartwells School Dining Services at Standish-Sterling Central Jr/Sr High School

**Breakfast Menu September 5 - 29, 2017**

**Adult Breakfast \$2.50**

A full student breakfast includes a protein and/or grain, a juice, and an optional serving of milk and fresh fruit. Milk choices include 1% white and skim chocolate.

**Menu Subject to Change**

Monday	Tuesday	Wednesday	Thursday	Friday
4 <b>NO SCHOOL</b>	5 <b>Orange Creamsicle Smoothie</b> Sausage, Egg & Cheese on English Muffin 100% Fruit Juice	6 <b>French Toast Sticks &amp; Sausage</b> 100% Fruit Juice	7 Sausage, Egg & Cheese Bagel 100% Fruit Juice	8 Cinnamon Rolls 100% Fruit Juice
11 Bacon, Egg & Cheese Bagel 100% Fruit Juice	12 <b>Yogurt Parfait Bar</b> Pancake on a Stick 100% Fruit Juice	13 <b>French Toast Sticks &amp; Sausage</b> 100% Fruit Juice	14 Sausage, Egg & Cheese Bagel 100% Fruit Juice	15 Cinnamon Rolls 100% Fruit Juice
18 Bacon, Egg & Cheese Bagel 100% Fruit Juice	19 <b>Orange Creamsicle Smoothie</b> Sausage, Egg & Cheese on English Muffin 100% Fruit Juice	20 <b>French Toast Sticks &amp; Sausage</b> 100% Fruit Juice	21 Sausage, Egg & Cheese Bagel 100% Fruit Juice	22 Cinnamon Rolls 100% Fruit Juice
25 Bacon, Egg & Cheese Bagel 100% Fruit Juice	26 <b>Yogurt Parfait Bar</b> Pancake on a Stick 100% Fruit Juice	27 <b>French Toast Sticks &amp; Sausage</b> 100% Fruit Juice	28 Sausage, Egg & Cheese Bagel 100% Fruit Juice	29 Cinnamon Rolls 100% Fruit Juice
<b>Assorted Fresh Fruit offered daily with offerings and choice of milk.</b>				
<b>Alternate Entrees</b>				
Assorted Cereal Bars	Assorted Cereal Bars	Assorted Cereal Bars	Assorted Cereal Bars	Assorted Cereal Bars
Assorted Muffins	Assorted Muffins	Assorted Muffins	Assorted Muffins	Assorted Muffins
Chocolate Benefit Bar	Chocolate Benefit Bar	Chocolate Benefit Bar	Chocolate Benefit Bar	Chocolate Benefit Bar
Strawberry Poptart	Strawberry Poptart	Strawberry Poptart	Strawberry Poptart	Strawberry Poptart
Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal	Assorted Cereal
String Cheese	String Cheese	String Cheese	String Cheese	String Cheese
Peanut Butter & Jelly Wafer	Peanut Butter & Jelly Wafer	Peanut Butter & Jelly Wafer	Peanut Butter & Jelly Wafer	Peanut Butter & Jelly Wafer

**Only 3 lunch charges allowed. See current Meal Charge Policy on the school website. Sign up to get notifications through your email when your child's lunch account balance is low. Thank You.**

**Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**

USDA is an equal opportunity provider and employer.