



**Standish-Sterling Middle School Menu**  
**Lunch Menu: May 1 - 5, 2017**

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate and skim strawberry. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl	<b>Sloppy Joe</b> Sloppy Joe on a WG Bun Baked Beans Tater Tots	<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Alfredo Day</b> Penne Pasta Fajita Strip Alfredo Sauce Parmesan Cheese  Broccoli Breadsticks	<b>Breakfast for Lunch</b> French Toast Sticks Sausage Patties Baked Tator Tots Redskin Potatoes Syrup	<b>Mom's Mashed Potato Bowl</b> Mashed Potatoes Chicken Poppers Chicken Gravy Corn Dinner Roll
	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce  Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce  Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce  Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce  Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce  Cheese Pizza
 Personalized Sub, Salad, or Wrap for \$2.50	<b>Personalized Sub, Salad or Wrap!</b>				
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower  Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Marinated Cucumber Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins  Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Ala Carte: Waffle Fries Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

**Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**









## Standish-Sterling Middle School Menu

### Lunch Menu: May 8 - 12, 2017

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate and skim strawberry. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
  <small>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl!</small>	<b>Sweet &amp; Sour Chicken</b> Popcorn Chicken Brown Rice Roasted Vegetables (Carrots, Gr Peppers, Onions) Orange Ginger Sauce Sweet & Sour Sauce General Tso Sauce Soy Sauce	<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips  Cheese Sauce  Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Burger Bar</b> Beef Patty American Cheese  Swiss Cheese  Sautéed Mushrooms Sautéed Onions Waffle Fries Baked Beans Sliced Tomato	<b>Lasagna</b> Meat Lover's Lasagna Three Cheese Lasagna  Garlic Breadstick  Green Beans	<b>Mom's Mashed Potato Bowl</b> Mashed Potatoes Chicken Nuggets  Chicken Gravy  Corn Dinner Roll
	Chicken Patty on WG Bun  Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger  Spicy Chicken on WG Bun Pizza Bagel	Nachos & Cheese Sauce, Two Cheese Sticks  Chicken Patty on WG Bun Cheese Quesadilla
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
<b>Personalized Sub, Salad or Wrap!</b>					
  <small>Personalized Sub, Salad, or Wrap for \$2.50</small>	Jalapeno Wrap Tortilla Wrap Sub Roll  Deli Turkey  Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers  Green Peppers  Red Onions  Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll  Deli Turkey  Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers  Green Peppers  Red Onions  Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll  Deli Turkey  Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers  Green Peppers  Red Onions  Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll  Deli Turkey  Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers  Green Peppers  Red Onions  Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll  Deli Turkey  Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers  Green Peppers  Red Onions  Mayonaise Honey Mustard Italian Dressing Ranch
  <small>Cold Fruit &amp; Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.</small>	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins  Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
  <small>Delicious Meals on the go!</small>	Ala Carte: Cheese Sticks & Marinara Sauce  Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola  Italian Hoagie  Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce  Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola  Santa Fe Turkey Wrap  Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce  Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola  Italian Hoagie  Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce  Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola  Turkey BLT Wrap  Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Ala Carte: Waffle Fries Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

**Please see our current Meal Charge Policy on the school website. Only 5 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**



**Standish-Sterling Middle School Menu**  
**Lunch Menu: May 15 - 19, 2017**

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate and skim strawberry. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl	<b>Soup &amp; Sanwich</b> Toasted Cheese on WW Bread Tomato Soup Crackers Oven Fries	<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips Cheese Sauce - Mild at MS Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Chili</b> Beef Chili Shredded Cheese Crackers Corn Chips Waffle Fries	<b>Chicken Pot Pie</b> Chicken Pot Pie Mashed Potatoes Mixed Vegetables WG Biscuit <b>Back by Request!!</b>	<b>Mom's Mashed Potato Bowl</b> Chicken Poppers Macaroni & Cheese Corn Dinner Roll
	 Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla
	 Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
 Personalized Sub, Salad, or Wrap for \$2.50	<b>Personalized Sub, Salad or Wrap!</b>				
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Marinated Cucumber Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Ala Carte: Waffle Fries Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

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## Standish-Sterling Middle School Menu

### Lunch Menu: May 22 - 26, 2017

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate and skim strawberry. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
 <small>Favorite Comfort Foods &amp; International Flavors Served Your Way in a Portable Bowl</small>	<b>Chicken Wrap Day</b> WG Chicken Tenders Tortilla Shell Shredded Cheese Shredded Lettuce Ranch Dressing BBQ Sauce Chicken Noodle Soup Crackers	<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Burger Bar</b> Beef Patty American Cheese Swiss Cheese Sauteed Mushrooms Sauteed Onions Waffle Fries Baked Beans Sliced Tomato	<b>Baked Tortellini Day</b> Tortellini Garlic Breadstick Broccoli Baked Apple Slices	<b>Mom's Mashed Potato Bowl</b> Mashed Potatoes Chicken Nuggets Chicken Gravy Corn Dinner Roll
	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
 Personalized Sub, Salad, or Wrap for \$2.50	<b>Personalized Sub, Salad or Wrap!</b>				
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 <small>Cold Fruit &amp; Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.</small>	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins  Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots  Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Ala Carte: Waffle Fries Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

**Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**

USDA is an equal opportunity provider and employer









**Standish-Sterling Middle School Menu**

**Lunch Menu: May 29 - June 2, 2017**

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate

**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl		<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Alfredo Day</b> Penne Pasta Fajita Strip Alfredo Sauce Parmesean Cheese Broccoli Breadsticks	<b>Breakfast for Lunch</b> French Toast Sticks Sausage Patties Baked Tator Tots Redskin Potatoes Syrup	<b>Mom's Mashed Potato Bowl</b> Mashed Potatoes Chicken Poppers Chicken Gravy Corn Dinner Roll
	<b>NO SCHOOL</b>	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla
		Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
 Personalized Sub, Salad, or Wrap for \$2.50		<b>NO SCHOOL</b>	<b>Personalized Sub, Salad or Wrap!</b>		
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese		Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese
	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch		Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple		Romaine Salad Fresh Baby Carrots Marinated Cucumber Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad		Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Ala Carte: Waffle Fries Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

**Only 3 lunch charges allowed. See current Meal Charge Policy on the school website. Sign up to get notifications through your email when your child's lunch account balance is low. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**

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**Standish-Sterling Middle School Menu**  
**Lunch Menu: June 5 - 8, 2017**

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, skim chocolate  
**Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00**

	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl	<b>Sweet &amp; Sour Chicken</b> Popcorn Chicken Brown Rice Roasted Vegetables (Carrots, Gr Peppers, Onions) Orange Ginger Sauce Sweet & Sour Sauce General Tso Sauce Soy Sauce	<b>Macho Nachos</b> Beef Taco Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Jalapeno Peppers	<b>Burger Bar</b> Beef Patty American Cheese Swiss Cheese Sautéed Mushrooms Sautéed Onions Waffle Fries Baked Beans Sliced Tomato	<b>Lasagna</b> Meat Lover's Lasagna Three Cheese Lasagna Garlic Breadstick Green Beans	<b>HAVE A GREAT SUMMER!!</b>
	 Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel	
	 Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	
 Personalized Sub, Salad, or Wrap for \$2.50	<b>Personalized Sub, Salad or Wrap!</b>				
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Cauliflower Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard

**Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686**