






Standish-Sterling High School Menu

Lunch Menu: May 1 - 5, 2017

1

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white and skim

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl	Sloppy Joe Sloppy Joe on a WG Hamburger Bun Sliced Pickles Baked Beans Tater Tots	Macho Nachos Beef Taco Meat Chicken Fajita Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Alfredo Day Penne Pasta Chicken Fajita Strip Alfredo Sauce Parmesan Cheese Broccoli Breadsticks	Breakfast for Lunch French Toast Sticks Sausage Patties Baked Tator Tots Redskin Potatoes Syrup	Mom's Mashed Potato Bowl Mashed Potatoes Chicken Poppers Chicken Gravy Corn Dinner Roll
	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Tater Tots	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Tater Tots	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Mashed Potatoes & Gravy
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
Personalized Sub, Salad or Wrap!					
 Personalized Sub, Salad, or Wrap for \$2.50	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Marinated Cucumber Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
 Delicious Meals on the go!	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686



Standish-Sterling High School Menu
Lunch Menu: May 8 -11, 2017

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include skim white and skim chocolate. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
	Sweet & Sour Chicken Popcorn Chicken Brown Rice Roasted Vegetables (Carrots, Gr Peppers, Onions) Orange Ginger Sauce Sweet & Sour Sauce General Tso Sauce Soy Sauce Lo Mein Noodles	Macho Nachos Beef Taco Meat Chicken Fajita Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Burger Bar Beef Patty Sliced Bacon American Cheese Swiss Cheese Sliced Pickle Sliced Tomato Sauteed Onions Waffle Fries Baked Beans	Lasagna Meat Lover's Lasagna Three Cheese Lasagna Garlic Breadstick Green Beans	Mom's Mashed Potato Bowl Mashed Potatoes Chicken Nuggets Chicken Gravy Corn Dinner Roll
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
Personalized Sub, Salad or Wrap!					
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches
	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686





Standish-Sterling High School Menu

3

Lunch Menu: May 15 - 19, 2017

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include skim white and skim chocolate. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="font-size: small;">Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	Soup & Sanwich Toasted Cheese on WW Bread Sliced Pickle Tomato Soup Crackers Oven Fries	Macho Nachos Beef Taco Meat Chicken Fajita Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Chili Beef Chili Shredded Cheese Crackers Corn Chips Waffle Fries	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> Chicken Pot Pie Chicken Pot Pie Mashed Potatoes Mixed Vegetables WG Biscuit </div> <div style="border: 2px solid black; padding: 5px; display: inline-block;"> Back by Request!! </div>	Mom's Mashed Potato Bowl Mashed Potatoes Chicken Poppers Chicken Gravy Corn Dinner Roll
	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun Soft Pretzel w/Cheese & Two String Cheese Waffle Fries	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fris	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Mashed Potatoes & Gravy
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
Personalized Sub, Salad or Wrap!					
 <p style="font-size: small;">Personalized Sub, Salad, or Wrap for \$2.50</p>	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch
 <p style="font-size: x-small;">Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce</p>	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Marinated Cucumber Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Peas
 <p style="font-size: small;">Delicious Meals on the go!</p>	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686



Standish-Sterling High School Menu

Lunch Menu: May 22 - 26, 2017

4

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include skim white and skim chocolate. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Wrap Day WG Chicken Tenders Shredded Cheese Shredded Lettuce Ranch Dressing BBQ Sauce Chicken Noodle Soup Crackers	Macho Nachos Beef Taco Meat Chicken Fajita Meat Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Burger Bar Beef Patty Sliced Bacon Swiss Cheese Sliced Pickles Sauteed Onions Waffle Fries Baked Beans Sliced Tomato	Baked Tortellini Day Tortellini Broccoli Baked Apple Slices	Mom's Mashed Potato Bowl Mashed Potatoes Chicken Gravy Corn Dinner Roll
	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun Soft Pretzel w/Cheese & Two String Cheese Waffle Fries	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Mashed Potatoes & Gravy
	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
Personalized Sub, Salad or Wrap!					
	Personalized Sub, Salad, or Wrap for \$2.50	Personalized Sub, Salad, or Wrap for \$2.50	Personalized Sub, Salad, or Wrap for \$2.50	Personalized Sub, Salad, or Wrap for \$2.50	Personalized Sub, Salad, or Wrap for \$2.50
	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Pears
	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686



Standish-Sterling High School Menu

Lunch Menu: May 29 - June 2, 2017

1

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include 1% white and skim chocolate. In addition to the vegetables and fruits offered on our serving line stations, a daily cold vegetable and fruit bar is available daily. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices.

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	NO SCHOOL	Macho Nachos Beef Taco Meat Chicken Fajita Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Alfredo Day Penne Pasta Chicken Fajita Strip Alfredo Sauce Parmesan Cheese Broccoli Breadsticks	Breakfast for Lunch French Toast Sticks Sausage Patties Baked Tator Tots Redskin Potatoes Syrup	Half Day Chicken Poppers Tater Tots Corn Dinner Roll	
		<p>Grab a Stack!</p>	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Tater Tots	Nachos & Cheese Sauce, Two Cheese Sticks Chicken Patty on WG Bun Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Mashed Potatoes & Gravy
		<p>Crust & Stuff</p>	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza
<p>Personalized Sub, Salad, or Wrap for \$2.50</p>	NO SCHOOL	Personalized Sub, Salad or Wrap!				
		Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese	
		Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	
<p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.</p>		Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	
<p>Delicious Meals on the go!</p>		Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Honey Mustard Ham & Cheese Ham & Turkey Chef Salad	

Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-3686









Standish-Sterling High School Menu

2

Lunch Menu: June 5 - 8, 2017

A complete meal includes a choice of entrée (protein and grain), 1 servings of vegetable, 1 serving of fruit, and a choice of milk. Milk choices include skim white and skim

Student Lunch \$2.50 Reduced Price \$0.40 Adult Lunch \$4.00

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	Sweet & Sour Chicken Popcorn Chicken Brown Rice Roasted Vegetables (Carrots, Gr Peppers, Onions) Orange Ginger Sauce Sweet & Sour Sauce General Tso Sauce Soy Sauce Lo Mein Noodles	Macho Nachos Beef Taco Meat Chicken Fajita Meat Tortilla Chips Cheese Sauce Refried Beans Taco Lettuce Diced Tomatoes Salsa Light Sour Cream Cinnamon Breadstick Jalapeno Peppers	Burger Bar Beef Patty Sliced Bacon American Cheese Swiss Cheese Sliced Pickle Sliced Tomato Sauteed Onions Waffle Fries Baked Beans	Lasagna Meat Lover's Lasagna Three Cheese Lasagna Garlic Breadstick Green Beans	HAVE A GREAT SUMMER!
 <p>Grab a Stack!</p>	Chicken Patty on WG Bun Corn Dog Nuggets w/Dinner Roll Cheese Quesadilla Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Popcorn Chicken & Dinner Roll Spicy Chicken on a WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	Breadsticks, Marinara Sauce, Two Cheese Sticks Boneless BBQ Chicken Wings w/Dinner Roll Chicken Patty on WG Bun Soft Pretzel w/Cheese & Two String Cheese Waffle Fries	Bacon Cheeseburger Spicy Chicken on WG Bun Pizza Bagel Soft Pretzel w/Cheese & Two String Cheese Oven Fries	
 <p>Crust & Stuff</p>	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	6" Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	Pepperoni Pizza Bosco Sticks w/Marinara Sauce Cheese Pizza	
 <p>Personalized Sub, Salad, or Wrap for \$2.50</p>	Personalized Sub, Salad or Wrap!				
	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	Jalapeno Wrap Tortilla Wrap Sub Roll Deli Turkey Deli Ham Spicy Chicken Breaded Chicken American Cheese Provolone Cheese Swiss Cheese Mozzarella Shredded Cheese Shredded Cheddar Cheese Romaine Lettuce Tomatoes Cucumbers Green Peppers Red Onions Mayonaise Honey Mustard Italian Dressing Ranch	HAVE A GREAT SUMMER!
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available.</p>	Romaine Salad Fresh Baby Carrots Fresh Apples Fresh Oranges Fresh Pear Chilled Applesauce	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Chilled Pineapple	Romaine Salad Fresh Baby Carrots Broccoli Raisin Salad Fresh Apples Fresh Oranges Fresh Pear Chilled Peaches	Romaine Salad Fresh Cucumber Coins Fresh Apples Fresh Oranges Fresh Pear Mandarin Oranges	
 <p>Delicious Meals on the go!</p>	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Turkey & Ham Chef Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Santa Fe Turkey Wrap Chicken Popper Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Italian Hoagie Garden Salad	Ala Carte: Cheese Sticks & Marinara Sauce Peanut Butter & Jelly on WG Bread Strawberry Parfait w/Granola Turkey BLT Wrap Chicken Popper Salad	
	Condiments: Homemade Ranch, BBQ, Ketchup, Mayo, Mustard, Pepper				

Please see our current Meal Charge Policy on the school website. Only 3 lunch charges are allowed before an alternate meal is offered. Staying current on your lunch account balance is greatly appreciated. Thank You. Questions or Comments? Please call Krystal Hoernlein, Food Service Director at (989) 846-